

Press Release

Triangle Vegetarian Society (TVS) Hosts Annual Thanksgiving and pre-Thanksgiving Feasts, Country's Largest with Almost 400 Expected

This press release is also available at trianglevegsociety.org/thanksgiving/press.pdf

Webpage: www.trianglevegsociety.org/thanksgiving

What: Annual vegetarian (fully vegan) Thanksgiving feast

When: Tuesday, Nov. 21, 2023, 6:00pm-8:00 pm (Coco Espresso, Bistro & Bar, Chapel Hill) AND Thanksgiving Day, Thursday, Nov. 23, 2023, 11:30 am-3:00 pm (Parizäde, Durham)

Where: Coco Espresso, Bistro & Bar at 101 Glen Lennox Dr, Chapel Hill, NC in the new Gwendolyn Building, adjacent to Fordham Blvd in the Glen Lennox community (Tuesday before Thanksgiving) AND Parizäde, 2200 W. Main St. (Erwin Square), Durham, NC (Thanksgiving Day)

Who: Public

Cost: Parizäde: \$48.50 members, \$56 other adults, \$20 ages 5-10, free under 5; Coco: \$38 members, \$42 other adults, \$15 ages 5-10, free under 5. Prices are all-inclusive.

Reservations: Reservations are required. Requests must be made online at www.trianglevegsociety.org/thanksgiving only. Please do not contact the restaurants directly.

Sponsor: Triangle Vegetarian Society, P.O. Box 3364, Chapel Hill, NC 27515-3364, www.trianglevegsociety.org.

The Triangle Vegetarian Society (TVS) is pleased to announce its 31st annual gourmet Thanksgiving feast and raffle will be held, for the 25th consecutive year, at Parizäde in Durham, NC on Thanksgiving Day, Thursday, November 23, 2023 from 11:30 am through 3:00 pm. In addition there will be a pre-Thanksgiving feast at Coco Espresso, Bistro & Bar in Chapel Hill, NC on Tuesday, November 21, 2023 from 6:00 pm through 8:00 pm.

Parizäde is one of the Triangle's finest restaurants with a gourmet flair for fresh ingredients and Mediterranean influences.

Coco is a vegan restaurant focused on sustainability and plant-based choices that are carefully sourced and beautifully presented.

Since 2004 with an attendance of 360, this annual event has become the largest vegetarian (all vegan) Thanksgiving in the country, attracting national attention. In 2011, we had 876 attendees,

inclusive of Thanksgiving and pre-Thanksgiving feasts, from at least 50 cities in 12 states. Regulars and new attendees are again expected this year. In 2012, we had almost 1000 attendees (with several pre-Thanksgiving events included) from at least 51 cities and 7 states. We have had comparable numbers since then until the pandemic; in 2020 we had takeout-only and in 2021 returned to in-person dining at reduced capacity, though we remained the largest vegetarian Thanksgiving in the country.

The all-inclusive price for Thanksgiving at Parizade is \$48.50 for TVS members, \$56 for non-members, \$15 for children ages 5-10, and free for children under 5; the prices at Coco Espresso, Bistro & Bar are \$38 for members, \$42 for non-members, \$15 for children ages 5-10, and free for children under 5. Reservations are required and requests can be made (only) online at trianglevegsociety.org/thanksgiving.

In 2015, the main Thanksgiving seating sold out within two minutes with attendees from many cities and states, and even Canada. To help ensure fairness and reduce time pressure to make reservations, since then we have been using a “lottery”-type system for reservations.

Full details are available online at www.trianglevegsociety.org/thanksgiving. All dishes will be strictly vegan with no animal, egg or dairy products. No honey or white sugar will be used. Many gluten-free dishes will be available. As in previous years, we will have a generous raffle.

Parizade is at 2200 W. Main St. in Durham near Duke University's East campus. Take the Durham Expressway (NC 147) either north from I-40, or south from I-85/15-501, and exit at Swift Avenue. At the end of the exit ramp, turn right if coming from I-40, or left if coming from I-85/15-501. At the light just ahead, turn left onto Main Street. Go through one light at Ninth Street and in 100 yards or so, turn right into the Erwin Square complex. Cafe Parizade's number is 919-286-9712, but please don't call the restaurant for reservations.

Coco Espresso, Bistro & Bar is at 101 Glen Lennox Dr in Chapel Hill in the new Gwendolyn Building. From UNC or downtown Chapel Hill, take 15/501 / Fordham Blvd north. Turn right at Glen Lennox Dr shortly after passing the route 54 / Raleigh Rd intersection. If coming from I-40 or Whole Foods Market Chapel Hill, take 15/501 south; shortly after Estes Dr, turn left at Glen Lennox Dr. Coco is in the back of the Gwendolyn building and has street and garage parking. Coco's number is 919-883-9003, but please don't call them for reservations.

The Triangle Vegetarian Society, based in the Raleigh-Durham-Chapel Hill “Triangle” area of North Carolina, provides information and events like potlucks, food demonstrations, and lectures, for those interested in any aspect of plant-based diets. Our web page is www.trianglevegsociety.org. We encourage membership not just for vegetarians, but for all who have an interest in any aspect of vegetarianism. Membership dues for one year are \$15 for an individual, \$20 for a family, or \$10 for a student; a 27-month membership is \$30 for an individual or \$40 for a family.