

# The World Peace Diet

A lecture - presentation by  
Will Tuttle, Ph.D.



**Please consider joining us at 7 pm on Saturday, May 3<sup>rd</sup> for a vegan potluck dinner, followed by Will's presentation and a brief concert.**

We will meet at Unity Spiritual Life Center in Durham (one block off Guess Road at 2604 Carver Street).

All are welcome!

*Sponsored by the Triangle Vegetarian Society and Unity Spiritual Life Center. For more information, including directions, potluck guidelines, and recipes, please visit [www.TriangleVegSociety.org](http://www.TriangleVegSociety.org).*

***The World Peace Diet*** has been called one of the most important books of the 21st century: the foundation of a new society based on the truth of the interconnectedness of all life. It is the first book to make explicit the invisible connections between our meals and our broad range of problems—psychological, social, and spiritual, as well as health and environmental. It offers powerful ways we can all experience healing and peace and contribute to a positive transformation of human consciousness.

*"Use **The World Peace Diet** as a guide to empower yourselves and others in making dietary choices that are powerful beyond what you can possibly imagine."* **Julia Butterfly Hill**, environmental activist and founder, Circle Of Life Foundation

*"A profoundly insightful and important book, **The World Peace Diet** is sure to be a catalyst and powerful tool in the evolution of human consciousness."* **Satya Magazine**

*"Thought-provoking and recommended."* **Library Journal**

*"**The World Peace Diet** is one of the most provocative books I've ever read. This is a deep book, aglow with insights that penetrate and expose the complacency of a culture that has strayed painfully far from compassion."* **John Robbins**, noted author

*"Will Tuttle brings a priceless perspective—not only to the planetary crisis confronting us all, but also to powerful ways we each can affect it. This book is radiant with his learning and his compassion."* **Dr. Joanna Macy**, author, *Coming Back To Life*

*"I am grateful for this powerful and cogent book. It has stretched my thinking (and heart) about animals, compassion, and our society."* **John Mackey**, founder, Whole Foods, Inc.

Dr. Will Tuttle, acclaimed educator, author, pianist, and composer, has lectured and performed widely throughout North America and Europe. His doctorate degree from the University of California, Berkeley, focused on educating intuition in adults, and he has taught college courses in creativity, humanities, mythology, religion, and philosophy. He is a recipient of The Peace Abbey's *Courage of Conscience Award* and is a Dharma Master in the Zen tradition. Devoted to cultural healing and awakening, he has created 7 much-loved CD albums of original piano music, and also his ground-breaking book, ***The World Peace Diet***. He is noted for his clear and inspiring presentations, which often include inspiring animal paintings by his spouse, Madeleine, a visionary artist. See [www.WorldPeaceDiet.com](http://www.WorldPeaceDiet.com) for more details.

