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COMMUNITY CALENDAR RELEASE

Plant-Based vs. Animal-Based Agriculture: Sustainable Farming in the 21st Century

Hear what the benefits are to moving to a plant based agricultural production system. Discover the inherent problems with animal agriculture and why we need to make a change.

Date/Time:

Saturday, April 15, 2006

7:00 p.m. - Come at 7 p.m. with a vegetarian or, preferably, fully plant-based dish to share, or at 8 p.m. just to hear the talk.

Location:

Durham Friends Meetinghouse
404 Alexander Ave, Durham, NC

For directions and further information, please see: www.trianglevegsociety.org/calendar.html

Contact for event: Dilip Barman - barman@jhu.edu; www.dilip.info

Description:

Farm Sanctuary's Farmer Brown (Harold Brown) will recount his experiences growing up on a beef farm and the events that lead him to become an animal advocate. A former beef farmer, Farmer Brown will reveal the truth about free range and organic agriculture, and will educate and raise awareness of the critical environmental, ecological and emotional issues caused by today's industrialized farming practices. For more information or questions, visit Farmer Brown's website at www.askfarmerbrown.org or Farm Sanctuary at www.farmsanctuary.org.

**Free and open to the public*

About the speaker:

Harold Brown was raised on a cattle farm in Michigan and spent half of his life in agriculture. As Outreach Coordinator for Farm Sanctuary, Harold is coordinating a campaign to encourage farmers to adopt sustainable farming practices. Reaching out to activists in the film *Peaceable Kingdom*, Brown relays the powerful story of his transformation from "beef" farmer to vegan farm animal advocate.

Farm Sanctuary contact:

Molly Hicks: mhicks@farmsanctuary.org, (607) 583-2225 ext. 254

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